Center for Ministry
Spiritual Direction for Clergy on the Gulf Coast
Reflection Following Spiritual Direction
(to be completed each month and emailed to Sherry by the Friday following direction)

1. What helped you in your time of preparation and planning?

2. What blocked you during the time of preparation and planning?

3. What helped you to be open and hospitable during spiritual direction?

4. What seemed to hinder your freedom and hospitality to yourself, God , others?

5. For what are you thankful?

6. a. What would you like to pay more attention to?

   b. In what way could this happen?